

**Sunrise Center Toastmasters™  
Membership Survey**

**Member Name** \_\_\_\_\_

**Member since** \_\_\_\_\_

**Mailing Address** \_\_\_\_\_

**Fax (if applicable)** \_\_\_\_\_

**The last date you were a speaker** \_\_\_\_\_

**Current Level (CTM,ATB-B,S,G or DTM)** \_\_\_\_\_

**If you have changed phone numbers, job titles, etc please indicate here:**

\_\_\_\_\_

**Attached is the list of projects in all current Toastmasters manuals. Please check the applicable projects you can recall completing.**

**Member Name:** \_\_\_\_\_  
**CTM Candidates, CTM's and Beyond – Check all Completed**

**Basic Communication and Leadership Manual**

- 1. Ice Breaker (4-6 mins.)
- 2. Speak with Sincerity (5-7 mins.)
- 3. Organize Your Speech (5-7 mins.)
- 4. Show What You Mean (5-7 mins.)
- 5. Vocal Variety (5-7 mins.)
- 6. Work with Words (5-7 mins.)
- 7. Apply Your Skills (5-7 mins.)
- 8. Add Impact to Your Speech (5-7 mins.)
- 9. Persuade with Power (5-7 mins.)
- 10. Inspire Your Audience (8-10 mins.)

**Advanced Manuals:**

**The Entertaining Speaker**

- 1. The Entertaining Speech (5-7 mins.)
- 2. Resources for Entertaining (5-7 mins.)
- 3. Make Them Laugh (5-7 mins.)
- 4. A Dramatic Talk (5-7 mins.)
- 5. Speaking After Dinner (8-10 mins.)

**Speaking to Inform**

- 1. The Speech to Inform (5-7 mins.)
- 2. Resources for Informing (8-10 mins.)
- 3. The Demonstration Talk (10-12 mins.)
- 4. A Fact Finding Report (10-12 mins.)
- 5. The Abstract Concept (10-12 mins.)

**Public Relations**

- 1. The Public Relations Speech (5-7 mins.)
- 2. Resources for Goodwill (8-10 mins.)
- 3. The Persuasive Approach (8-10 mins.)
- 4. Speaking Under Fire (6-8 mins. + 8-10 min Q&A)
- 5. The Media Speech (8-10 mins.)

**The Discussion Leader**

- 1. The Seminar Solution (20-30 mins)
- 2. The Round Robin (20-30 mins.)
- 3. Pilot a Panel (30-40 mins.)
- 4. Make Believe (Role Playing) (20-30 mins.)
- 5. The Workshop Leader (30-40 mins.)

**Specialty Speeches**

- 1. Speak Off the Cuff (5-7 mins.)
- 2. Uplift the Spirit (8-10 mins.)
- 3. Sell a Product (10-12 mins.)
- 4. Read Out Loud
- 5. Introduce the Speaker (meeting duration)

**Speeches by Management**

- 1. The Briefing (8-10 mins. + ~5 min. Q&A)
- 2. The Technical Speech (8-10 mins.)
- 3. Manage and Motivate (10-12 mins.)
- 4. The Status Report (10-12 mins.)
- 5. Confrontation: The Adversary Relationship (~5 mins. + ~10 mins. Q&A)

**The Professional Speaker**

- 1. The Keynote Address (15-20 mins.)
- 2. Speaking to Entertain (15-20 mins.)
- 3. The Sales Training Speech (15-20 mins.)
- 4. The Professional Seminar (20-40 mins.)
- 5. The Motivational Speech (15-20 mins.)

**Technical Presentations**

- 1. The Technical Briefing (8-10 mins.)
- 2. The Proposal (8-10 mins.)
- 3. The Non-Technical Audience (10-12 mins.)
- 4. Presenting a Technical Paper (10-12 mins.)
- 5. The Team Technical Presentation (20-30 mins.)

**Persuasive Speaking**

- 1. The Effective Salesperson (8-12 mins.)
- 2. Conquering the "Cold Call" (10-14 mins.)
- 3. The Winning Proposal (5-7 mins.)
- 4. Addressing the Opposition (7-9 mins. +2-3 min Q&A)
- 5. The Persuasive Leader (6-8 mins.)

**Member Name: \_\_\_\_\_**  
**CTM Candidates, CTM's and Beyond – Check all Completed**

**Communicating on Television**

- 1. The Straight Talk (~3 mins. +/- 30 secs.)
- 2. The Talk Show (~10 mins. +/- 30 secs)
- 3. When You're the Host (~10 mins. +/- 30 secs)
- 4. The Press Conference (4-6 mins. + 8-10 mins. Q&A)
- 5. Training on Television (5-7 mins. + 5-7 min analysis)

**Storytelling**

- 1. The Folk Tale (7-9 mins.)
- 2. Let's get Personal (6-8 mins.)
- 3. The Moral of the Story (4-6 mins.)
- 4. The Touching Story (5-7 mins.)
- 5. Bringing History to Life (7-9 mins.)

**Interpretive Reading**

- 1. Read a Story (8-10 mins.)
- 2. Interpreting Poetry (6-8 mins)
- 3. The Monodrama (5-7 mins.)
- 4. The Play (12-15 mins.)
- 5. The Oratorical Speech (10-12 mins.)

**Interpersonal Communications**

- 1. Conversing with Ease (10-14 mins.)
- 2. The Successful Negotiator (10-14 mins.)
- 3. Diffusing Verbal Criticism (10-14 mins.)
- 4. The Coach (10-14 mins.)
- 5. Asserting Yourself Effectively (10-14 mins.)

**Special Occasion Speeches**

- 1. Mastering the Toast (2-3 mins.)
- 2. Speaking in Praise (5-7 mins.)
- 3. The Roast (3-5 mins.)
- 4. Presenting an Award (3-4 mins.)
- 5. Accepting an Award (3-4 mins.)

**Humorously Speaking**

- 1. Warm Up Your Audience (5-7 mins.)
- 2. Leave Them With a Smile (5-7 mins.)
- 3. Make Them Laugh (5-7 mins.)
- 4. Keep Them Laughing (5-7 mins.)
- 5. The Humorous Speech (5-7 mins.)

**Better Speaker Series**

- 1. Beginning Your Speech (10-15 mins.)
- 2. Concluding Your Speech (10-15 mins.)
- 3. Take the Terror Out of a Talk (10-15 mins.)
- 4. Impromptu Speaking (10-15 mins.)
- 5. Selecting Your Topic (10-15 mins.)
- 6. Know Your Audience (10-15 mins.)
- 7. Organizing Your Speech (10-15 mins.)
- 8. Creating an Introduction (10-15 mins.)
- 9. Preparation and Practice (10-15 mins.)
- 10. Using Body Language (10-15 mins.)

**Successful Club Series**

- 1. The Moments of Truth (10-15 mins.)
- 2. Finding New Members for Your Club (10-15 mins.)
- 3. Evaluate to Motivate (10-15 mins.)
- 4. Closing the Sale ((10-15 mins.)
- 5. Creating the Best Club Climate (10-15 mins.)
- 6. Meeting Roles and Responsibilities (10-15 mins.)
- 7. Mentoring (10-15 mins.)
- 8. Keeping the Commitment (10-15 mins.)
- 9. Going Beyond Our Club (10-15 mins.)
- 10. (How to be a Distinguished Club (10-15 mins.)
- 11. The Toastmasters Education Program (10-15 mins.)

**Leadership Excellence Series**

- 1. The Visionary Leader (10-15 mins.)
- 2. Developing a Mission (10-15 mins.)
- 3. Values and Leadership (10-15 mins.)
- 4. Goal Setting and Planning (10-15 mins.)
- 5. Delegate to Empower (10-15 mins.)
- 6. Building a Team (10-15 mins.)
- 7. Giving Effective Feedback (10-15 mins.)
- 8. The Leader as Coach (10-15 mins.)
- 9. Motivating People (10-15 mins.)
- 10. Service Leadership (10-15 mins.)
- 11. Resolving Conflict (10-15 mins.)